

# DO NORTH

Winter/Spring Edition 2024

***Rosen-On-A-Quest***  
Plattsburgh Mayor's Next Chapter

***Indigenous Immersion***

Experience Akwesasne With Those Who Know it Best

***Beefin' Up the Business***

The Food Dudes – From Farm to Truck to Table

***Death of a Stage Man***

The Tragic Tale of Franklin Sargent and His Deep-Woods Amphitheater



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Dear Reader,

When I graduated high school in 2020, I, like most people in the world, had never felt so uncertain about the future. I wasn't even sure I would be able to graduate high school, but once I did, suddenly the path I had envisioned for myself became unclear.

But somewhere in the midst of the lockdown, I decided to pursue enrollment at SUNY Plattsburgh. Little did I know, making that decision would soon provide a sense of comfort among the chaos that was 2020. Committing my next four years to SUNY Plattsburgh felt right during a time of such social disconnect, as it allowed me to reconnect with my passion for the environment around me. When I arrived on campus my freshman year, the surrounding Adirondack mountains brought an unexpected rush of clarity and nostalgia.

Having grown up just two hours south of Plattsburgh, admiring the environment has always been second nature to me. When I was younger, I would spend my summers exploring nature upstate. Many of my fondest memories took place outdoors, like camping, catching toads in creeks with my sister and climbing Mount Marcy in middle school with my best friend.

As I grew older, I recognized that having a passion for the outdoors goes beyond simply admiring what you see, you must advocate for it too.

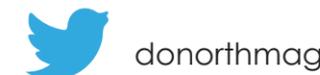
The North Country has no shortage of outdoor beauty, or cordial business owners ready to serve you their take on a slice of Clinton County. DoNorth has given me the opportunity to explore the vivacious, rich nature offered in this corner of upstate wilderness and the tight-knit community embedded within it.

In this edition of DoNorth, you will get a glimpse into the lives of locals who make the North Country heart beat and the opportunity to explore landmarks unique to the Adirondack Coast. Of course, I can't forget to mention the natural phenomena during which the North Country had front row seats to this past April 2024: the total solar eclipse. Read on to hear all about the visitors from near and afar that flocked to the area to witness the event.

As I complete my final semester here at DoNorth and SUNY Plattsburgh, I want to express that it has been a pleasure to step into a role that allows me to advocate for a truly special place and all it has to offer.

I hope you will join me and the rest of the devoted, talented writers and designers that make this magazine possible, as we

Go Forth, and DO NORTH



# Writers



## Natalie St. Denis

*Editor in Chief*

Natalie is a senior at SUNY Plattsburgh majoring in journalism with a minor in psychology. She's from Glenville, New York. In her free time, she enjoys traveling and attending concerts. Natalie can also often be found relaxing while listening to her record collection. This is her sixth semester at DoNorth.



## Aleksandra Sidorova

*Writer*

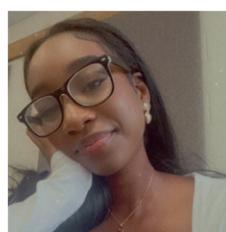
Aleks is a senior majoring in journalism with a minor in language and linguistics. She was born in Moscow, Russia, but grew up in Kuala Lumpur, Malaysia. Aleks is passionate about foreign languages (she can speak a few and keeps learning more) and culture, as well as both history and the news of the here and now. This is Aleks' first semester at DoNorth.



## Abigail Passafiume

*Managing Editor*

Abby is a junior public relations major with a minor in journalism. She is from a small town in Long Island, New York. Abby loves to listen to new music and watch documentaries. This is Abby's third semester at DoNorth, but her first as managing editor.



## Brionne Thompson

*Writer*

Bri is a sophomore at SUNY Plattsburgh, majoring in journalism. She is from Yonkers, New York. When Bri's not writing, she can be found scrolling through Pinterest, making too many vision boards and reading mystery novels. This is Bri's first semester at DoNorth.



## Jesse Taylor

*Deputy Editor*

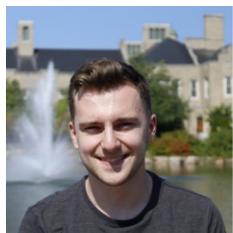
Jesse is a senior majoring in journalism. He enjoys writing profiles on people and is currently interning at the Lake Champlain Weekly. In his spare time you can find Jesse skiing, fishing, playing video games and hanging out with friends. This is Jesse's second semester at DoNorth.



## Mikai Bruce

*Writer*

Mikai is from Harlem, New York. He is a senior journalism major. Mikai enjoys music, playing with his dog Kobe, baking and playing video games. He also enjoys spending time with his friends and family. This is Mikai's first semester writing for DoNorth.



## Hayden Sadler

*Social Media Editor*

Hayden was born in Idaho, but grew up in Marcellus, New York. In 2021, Hayden transferred to SUNY Plattsburgh to pursue journalism. In his free time you'll find him either biking, hiking or hanging out with friends and family. This is Hayden's third semester writing for DoNorth.



## Nadia Paschal

*Writer*

Nadia is a senior majoring in sociology with a minor in psychology. She has moved around the state quite a bit, but is originally from Saratoga Springs, New York. When she's not writing, Nadia enjoys photography, reading and baking. This is her first semester at DoNorth.



## Matthew Wendler

*Writer*

Matt is a junior majoring in public relations with a minor in journalism and an adventure sports certificate from expeditionary studies. A native to Otsego County, New York, he holds a niche for writing crime and unsolved mystery reports. This is his second semester at DoNorth.

DO NORTH

# Designers



## Kayla Lester

*Art Director*

Kayla Lester is a junior majoring in studio art with a double minor in journalism and web design programming. She's from Long Island, New York and has always loved the digital and photography world and hopes for her future career to be revolving around it. This is her sixth semester with DoNorth.



## Abigail Duquette

*Designer*

Abbie is a senior with a BFA in studio art, concentrating in graphic design. She grew up right here in the Adirondacks, in Cadyville, New York. So the Adirondack Park will always be close to her heart. She is a dog lover and takes any chance she can to be creative.



## Rohan Nasare

*Designer*

Rohan is a senior at SUNY Plattsburgh majoring in video production. As an international student from Pune, India he aspires to be an adventure filmmaker, traveling to different countries and producing films. This is Rohan's second semester as a designer with DoNorth.



## Paige Leroux

*Designer*

Paige is a senior at SUNY Plattsburgh majoring in art studio BFA, concentrating in graphic design, with a minor in marketing. She is from Queensbury, New York. She loves hanging out with her friends and going on fun adventures. Graduating a year early, Paige is very eager to start a new journey in her life after college.

## Additional Contributors

### Staff Photographers

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Annie Stoltie

# President's Letter

# Chamber's Letter

Dear DoNorth Magazine Readers,

I wish to extend my sincerest gratitude to each and every one of you for being a part of the DoNorth readership.

DoNorth is more than a magazine; it is a platform where SUNY Plattsburgh's talented students have the opportunity to cultivate and showcase their professional writing, photography, and storytelling skills. Your readership empowers them to excel, to capture the essence of our unique Adirondack location, and to share narratives that resonate with our diverse community.

This publication serves as a window into our vibrant university, where inclusivity and belonging are nurtured. Through its pages, we are united by a shared sense of purpose and connection, as we read the incredible stories and experiences that make our community so extraordinary.

DoNorth's remarkable longevity of over a decade reflects its enduring commitment to highlighting the perspectives of countless individuals, the beauty of region, and the businesses that sustain the North Country. This mission aligns seamlessly with our bold strategic plan, embodying our dedication to our community and its future.

As you explore the pages of this issue, I invite you to embark on a journey, one that transcends mere reading. In these stories, photographs and features, see for yourselves as fellow travelers along the path of understanding and discovery of what makes the North Country the truly special place it is.

May this magazine continue to be a source of inspiration, connection, and pride for all who call the North Country home.

Thank you for your continued support!

Warm regards,



Dr. Alexander Enyedi  
SUNY Plattsburgh President



Dear DoNorth Magazine Readers,

Whether you're seeking a respite in one of the world's most breathtaking regions or embarking on a business venture to one of New York's most vibrant international manufacturing hubs, a journey to the North Country/Adirondack Coast promises strength and expansion!

For well over a century, the Adirondack Coast and Lake Champlain have captivated visitors with their natural wonders. However, it's undeniable that recent years have elevated the allure of our natural attractions and outdoor recreational pursuits to unprecedented heights—a true escape from urban life and suburban routines. Notably, a surge in numbers isn't solely confined to visitors; many are opting to establish their homes in our region and even relocate their businesses, drawn by the region's undeniable charm.

Inarguably, the PLATTSBURGH INTERNATIONAL AIRPORT stands as an impressive gateway to the North Country of New York, now equipped with U.S. Customs operations to warmly receive international travelers. We invite you to relish its contemporary amenities and streamlined operations, ensuring a seamless travel experience.

Before your next journey, we encourage you to explore [goadirondack.com](http://goadirondack.com) for comprehensive information, and upon your arrival, do make it a point to visit our visitor information kiosk, conveniently located within the airport baggage area.

Whether your visit is driven by leisure or business aspirations, we're confident that it will mark the inception of a lasting connection. Onward and upward!

Warm regards,



Garry Douglas  
President and CEO  
North Country Chamber  
of Commerce



# Rosen - ON - A - QUEST

Plattsburgh Mayor's Next Chapter

Story by  
*Natalie  
St. Denis*



Major Chris Rosenquest and Assemblyman Billy Jones running through the Betty Little Arts Park in downtown Plattsburgh on opening day in 2021.

In a wide open room, bureaucratically colored with shades of brown, a large salt lamp sits perched on a long table, glowing orange, creating a warm, welcoming environment.

Chris Rosenquest, Plattsburgh, New York's 29th mayor sits lax in dark jeans, a beanie and a black zip-up sweatshirt repping his small business, Chapter One: Coffee & Tea, a local favorite.

Rosenquest is one of us. He was raised in Plattsburgh after moving here when he was about 8 years old. Growing up in an Air Force family, he spent his childhood living on the now closed Plattsburgh Air Force Base.

After his formal education in the Plattsburgh City School District, he then went to Clinton Community College and later the State University of New York at Plattsburgh, where he earned an English degree, focused in print journalism.

Rosenquest then left the Plattsburgh area for about 10 years, living in various cities, including San Francisco and Minneapolis, before moving to Seattle to pursue a Master's of Business Administration in technology at the Michael G. Foster School of Business at the University of Washington. There, he started his own business, Seattle Burlap, a company that sells biodegradable burlap bags.

But Rosenquest had been looking to move

back home to Plattsburgh for some time. He saw the opportunity to run for mayor in 2013 as a reason to make it happen.

"I didn't grow up thinking I would run for office or be the mayor of Plattsburgh," Rosenquest said. "It's one of those things where I reflect back and it's an amazing opportunity to serve my hometown in the capacity that I've been able to serve it, not only just as the mayor, but as a county legislator as well."

Rosenquest first ran for the mayoral position in 2013, when a friend invited him to consider it. Although he said it was the scariest thing he's ever done, he knew if he passed up on the opportunity he would have regretted it.

Being completely unknown in the community, Rosenquest said he had no party backing. But it just felt right.

"It also allowed people to understand who I am and more of like a grand introduction into what I wanted for Plattsburgh – and what a lot of people wanted for Plattsburgh – and start to introduce those ideas."

Although he didn't win in the 2013 race, he wasn't discouraged from running again in 2020, this time as a Democrat instead of an Independent.

Rosenquest was eager to address an underlying complaint of Plattsburgh he



Town Supervisor Michael Cashman, Assemblyman Billy Jones, Mayor Chris Rosenquest, Sen. Dan Stec and Commissioner of Agriculture Richard Ball at the 2021 opening of the Clinton County Fair.

had observed while growing up there: The city has unfulfilled potential. He saw the importance of at least attempting to influence a conversation about it. Rosenquest has worked toward pushing businesses to make a significant impact on the decisions of municipalities, as well as quality of life development.

During his time living in bigger cities before returning to Plattsburgh, Rosenquest often felt a personal sense of unfulfilled potential when it came to making a significant difference in more populated communities. But with Plattsburgh being a smaller city, he was motivated by the fact that change would be more obvious.

“Coming home, even small projects made a significant impact in terms of quality of life and the opportunity to engage our community in a way that made sense and was more permanent or long lasting,” Rosenquest said.

This idea has been a driving factor in his role as Plattsburgh’s mayor, but also in his business endeavors with Chapter One: Coffee & Tea, located at 30 City Hall Place, where you can order a warm cup of coffee, with locally sourced ingredients.

There’s a fine line that Rosenquest knows he has to walk as mayor as well as a

downtown business owner. On one hand, he knows the value of what the city can provide and how those decisions impact local businesses. On the other hand, Rosenquest knows how to run a successful business and the importance of those collective voices being heard in order to have a say in how the government represents local businesses.

**“I didn’t grow up thinking I would run for office or be the mayor of Plattsburgh.”**

**Chris Rosenquest**

He said this kind of collective effort was seen with the Margaret Street Construction Project, which included updating the downtown infrastructure.

Another group of voices Rosenquest believes are crucial in the Plattsburgh community and offer perspectives that often go unheard is the diverse population of people on the SUNY Plattsburgh campus. He acknowledges that while the university

is its own entity, there are individuals there who have voices worth hearing to better the community as a whole.

“We have a campus right in our neighborhood, right in the heart of our city that has a population of people that have diverse thinking, come from diverse backgrounds, come from communities much larger than ours, that have ideas that can contribute in a meaningful way.”

As the City of Plattsburgh’s first Black mayor in its history, Rosenquest believes he has brought a new perspective to the office, and provided an outlet particularly for SUNY Plattsburgh students who may have never seen a mayor or others in leadership roles who look like them, reflects their values and understands their background. There have been multiple occasions where his office has heard from students who have concerns about racial injustice on campus or in the greater community and he has been happy to provide those individuals with support.

Quality of life has been an important focus for the mayor since his term started in 2021. Understanding that people move throughout the city in different ways other than just cars, such as biking, skateboarding, scootering, utilizing public transportation and walking has contributed to the progress made to



Mayor Rosenquest, son Miles and wife Tracy in Plattsburgh’s 2021 Fourth of July parade.

improve infrastructure, like added bike lanes on roads and expanded sidewalks downtown. This has allowed community members to feel safe utilizing these methods of transportation.

“These are the things that attract people to our community,” Rosenquest said.

Although he can look back on his time in office and feel proud of what his team has accomplished, he recognizes that there is always more that can be done. He emphasizes the dedication it takes because “government work isn’t the sexiest work.”

“If you’re going to be the mayor and you’re going to do the job right, you really have to take on the identity of Mayor 24 hours a day,” Rosenquest said.

This necessary level of involvement is the main reason Rosenquest announced in early February 2024 that he will not seek reelection. He wants to spend more time with his family and his 6-year-old son.

But Rosenquest announced in early April 2024 that he plans to make a bid for the Ward 3 seat on the Common Council.

As he finishes out his mayoral term, Rosenquest looks to the future of Plattsburgh and emphasizes the importance of the young individuals in our community making their voices heard. And while he says it’s hard to get people involved right now because they don’t want to be at the tail end of getting abused, it’s crucial that the younger generation steps up to run for office.

This won’t just benefit the city of Plattsburgh, but will also foster a significant amount of personal growth and purpose, like it did for Rosenquest in his late 20s and early 30s. Now 48, Rosenquest is able to confidently point a finger to the opportunity he received to sit as the mayor as his true life’s purpose.

“Not everybody gets this chance. I’m the 29th person in the history of the City of Plattsburgh to be given this opportunity to represent the city. So it really has been a life-defining privilege to sit here and represent our community in this way,” Rosenquest said.

— Photos provided by Beth Carlin

Plattsburgh Locals and Visitors Gather to Witness a Once-in-a-Lifetime Celestial Phenomenon



# THE Point OF Totality

Story and photos by Jesse Taylor



Off the beaten path of Route 9 about 15 minutes north of Plattsburgh lies Point Au Roche State Park. The park is home to a bustling nature center and sandy beach with an inspiring view of Lake Champlain that North Country residents and visitors can enjoy year round.

On April 8, 2024, the park hosted a special viewing party for the much anticipated solar eclipse. With the North Country lying in the path of totality, hundreds of people from all walks of life gathered to view the once-in-a-

lifetime spectacle. Two friends, Steven Lawrence and Akousua Nyamekye, drove all the way from Manhattan to see the eclipse. Lawrence has a passion for astronomy and has been a fan of “Star Trek” all his life.

Armed with his telescope, Lawrence and Nyamekye were well prepared to see the celestial event. The duo left at 6 a.m., beating traffic, arriving bright and early to secure a prime spot across from the beach. They chose Point Au Roche because of its location in the path of totality on the day of the eclipse. Lawrence also picked the spot because it was an escape from the city, where they could get the full eclipse experience.

Not all

arrived with company, however; for Sasha Aleiner, his passion for astronomy was enough to get them to take a solo trip to Point Au Roche to see the eclipse. Aleiner drove all the way from Philadelphia, 399 miles, to see the phenomenon.

Aleiner brought with him a camera, tripod and a special lens cover that allowed him to take photos of the moon as it passed through the sun’s view. Aleiner drove overnight, showing up at the park about a half hour before it opened, where a line of ten people eagerly waited.

“I really have a passion for our natural environment and its resources and its stability and well being, for our survival, for our existence,” Aleiner said.

Fiddling with his camera, he explained that focusing it on the sun was proving to be a challenge. He had to focus his camera at a spot of infinity, pointing his camera straight outward onto the lake, before shifting the camera’s lens to view the sun, as it wouldn’t focus on the sun itself. Aleiner was originally planning to head over to Westcott State Park in Henderson, New York, but

Sasha Aleiner is one of the many people that came to Point Au Roche State Park to see the celestial event in the path of totality.



abandoned the idea when he learned that clouds might block his view.

Luckily for him, the clouds at Point Au Roche State Park seemed to have taken a day off.

While Point Au Roche hosted a special viewing party for the eclipse, the park also hosts weekly events. Environmental educator Kristen Collins runs programs every Saturday for the community to enjoy. Collins works in the Nature Center, where she teaches people about nature, while encouraging them to connect with the environment in entertaining ways.

Programs include snow shoeing, bird walks and animal tracking. Each program is based on a general topic in nature. There are also special programs based around the holidays. In March, during a leprechaun hunt, staff members hide little bags of gold around the park for people to find with provided maps.

“The leprechaun hunt is a fun event, but it’s also about map reading,” Collins said.

During Halloween, the Nature Center staff brings out its collection of skulls and furs and offers activities focused on some of nature’s creepiest animals, like bats and spiders. The park blends education and entertainment so visitors can learn while having fun at the same time.

One of Collins’s favorite memories from working as an environmental educator at the

Nature Center happened during a program about building campfires and making s’mores. A woman in her 30s came up to her and said that she had never been camping before.

“I just thought that was so cool because it’s such a kind of basic outdoor skill for people that grew up in the outdoors,” Collins said. “But if you’ve never done it, it’s something new and exciting.”

While people from all over the East Coast visited Point Au Roche State Park for just one day to view the eclipse, community members and visitors to the area are encouraged to explore the park year-round to connect with nature.

“I would say we’re here to facilitate connection with nature and make sure that people have good experiences and have access to some of the beautiful things that we have around us,” Collins said.

*Luckily for him,  
the clouds at  
Point Au Roche  
State Park  
seemed to have  
taken a day off.*

Learn more about Point Au Roche State Park at <https://parks.ny.gov/parks/pointauroche/details> or call 518-563-0369. If you’re in the Plattsburgh area, see the park for yourself located at 19 Camp Red Cloud Road, Plattsburgh, NY 12901.



*Cars lined Route 9 in Plattsburgh because the parking lots in the park were full.*

*Lake Champlain sits in serenity across from Point Au Roche State Park.*



*Visitors and  
community members  
alike gathered just  
across from the  
beach in an open  
field to see the once  
in a lifetime event.*





# MEET THE MINERS

A Pioneering Family's Continued Legacy

STORY BY ABIGAIL PASSAFIUME

Tucked away in the Adirondack coast, William H. Miner's vision lies in 8,600 acres of land. His dream that Heart's Delight Farm would one day become an agricultural and educational research facility has come true. As the years pass, the farm, now called the Miner Institute, continues to grow and change.

"The Miner Institute and the Alice T. Miner Museum wouldn't be where they are today without the past, so in order to understand the importance, we must understand the past," said Rachel Dutil, the public relations and marketing coordinator for the Miner Institute.

William H. Miner is a celebrity in the North Country. He was an agriculturalist, philanthropist, builder, educator, entrepreneur and beloved husband to Alice T. Miner. William had many successes throughout the years, but did not pursue

his dream of starting Heart's Delight Farm until realizing he needed to fill a void after suffering a major loss.

In Chicago, 1902, Alice gave birth to their first and only child. The baby did not survive labor. Trying to find peace, William and Alice moved back to where William had grown up with his Uncle John and Aunt Huldah, on the Miner farm in West Chazy, New York. In the old family home, they would create a place for the community, because that is what they needed most.

William spent six long years renovating the farm.

"By 1918, the farm had grown to 12,000 acres—4,000 acres of tillable land, 2,000 acres of pasture and 6,000 acres of woodland," Dutil said.

During this time, William also worked on other projects, such as building the

**Today, the 13-room stone house holds sentimental items from Alice's early-20th-century life, such as furniture, books, clothing and over 600 pieces of glass in the third-floor ballrooms.**

Sprinkler wagon on display at the Alice T. Miner museum. BELOW: The land on the Miner Institute property where Harmony Hall—a guest house and entertainment center—once stood.



Champlain Valley Physicians Hospital, Chazy Elementary School and over 100 buildings at his Heart's Delight Farm.

While William was busy with bettering the town of Chazy, Alice needed to find a hobby. Her friends suggested collecting antiques, which eventually led to her starting the Alice T. Miner Museum.

The museum officially opened in 1924, after William bought Alice the "Old Stone House" in the center of West Chazy because Alice's collection had grown beyond their well-sized home. Today, the 13-room stone house holds sentimental items from Alice's early-20th-century life, such as furniture, books, clothing and over 600 pieces of glass in the third-floor ballrooms.

"The museum has had minor renovations because it is over 100 years old, although we do our best to keep everything in its original place," said Ellen Adams, Alice T. Miner Museum's director and curator.

For Alice, who struggled with postpartum depression after losing her baby, this museum was an escape from her mental health struggles in a time when mental health awareness was not common. This gave Alice an opportunity to contribute to the Miner heritage.

"Alice ran the museum herself until her death in 1950. Since then there's been a

museum director," Adams said.

Today the Miners' legacy is still celebrated. The museum is "open from May through the end of October, typically just weekdays from nine 9 a.m. to 3 p.m. But we do, of course, have the museum open if we are hosting some sort of other public events," Dutil said.

The museum and the farm also serve as community centers for the people of Chazy and neighboring towns.

"One event we are working on is our Summer Camp for ages eight and up," Adams said. This four-day camp will assist in bringing more awareness to the museum and life in the time of Alice and William.

Building on the vision of the Miners, the Alice T. Miner Museum and the Miner Institute continue to provide a space for people to visit and for locals to gather.

To learn more about The Alice T. Miner museum visit <https://www.minermuseum.org/> or tour the museum located at 9618 State Route 9, Chazy, NY 12921. If you are interested in William H. Miner and his successes, visit <https://www.whminer.org/> to learn about all of their facilities and programs.

— Photos provided by Rachel Dutil



# Beefin' Up The Business

The Food Dudes – From Farm to Truck to Table

Story and photos by Nadia Paschal



Food trucks have become convenient options for people who are on the go, but still want an enjoyable and affordable meal. Drawn to the wonderful aromas and the creative menus on display, people eagerly line up to get a taste of what's in store. The North Country food truck scene draws in many, with The Food Dudes being a highlight.

The Food Dudes is not your average food truck. Their menu offers a variety of fresh meals stacked with meat from their very own slaughterhouse. There's an array of poutines to sample, such as brisket and pulled pork with authentic Canadian gravy. Other choices include fried curds, fried pickles and double-fried french fries.

If you're still feeling hungry after the main course, the truck also offers homemade dessert. Soft-serve ice cream and sundaes are available, featuring flavors such as chocolate, vanilla, maple and black raspberry.

The Food Dudes is just one of the many offshoots of the original family-owned business, D&D Meats, which was started by Adrien Dutil in 1981 and has been run by him, his wife, Sharon, and their son, Shane, ever since. Through hard work and dedication, the family and its two other businesses, Tappin' n Sappin' Sugarworks and Jeezum Crow Smokehouse, have se-



D&D Meats' expanded business includes The Food Dudes truck. FACING PAGE: The original meat market is a West Chazy mainstay.

cured their spot as a reliable staple within the community.

After leaving the military, Adrien used his prior experience of working in meat packing to start his own business.

"It was pretty hard, 'cause there was nothing here," Adrien said.

Reflecting on the early days of the endeavor, Adrien talked about how he started a meat delivery route and how it saved the business. The Dutils worked hard to keep the store running, putting all of their profits right back into the business, supplying it with more groceries and eventually buying meat scales.

The first major expansion came in 2006, when they received a license to make their own beef jerky, leading to the Jeezum Crow Smokehouse product line.

However, disaster struck in 2010 when the store burned down. The Dutils worked quickly to rebuild, and in less than a year they were back in business. They bought a smoker soon after, and were able to keep

up with the demand of hunters bringing in their own meat to be processed.

They took their next leap in 2014, when they began making their own maple syrup. From maple sugar to maple cream and maple candy, they tapped into a market that led to even more profits. The biggest bonus of this venture was being able to smoke their own products with the maple, instead of having to outsource it, leading them to greater self-sufficiency as an independent family-run store.

"It kind of all works together, all the businesses. You're cutting out the middleman, and keep the money in your own circle," Shane Dutil said.

Shane handles many aspects of the business, including running the food truck, prepping food and marketing.

With the rise of larger chain stores and corporations, mom-and-pop shops have been on the decline. However, the Dutils have found ways, such as the food truck, to keep evolving and meeting the demands of

the times in order to keep customers coming back. Multigenerational families keep coming back for more.

"Their parents were customers, and their kids are now 65, and their kids are in their 30s, and then they have little kids," Sharon said.

**The Dutils have found ways, such as the food truck, to keep evolving and meeting the demands of the times, in order to keep customers coming back.**

Despite the evolution of the business, some things have remained the same.

"We're still there for the community first," Shane said.

The Dutils value not only their loyal customers, but their employees as well. With some working there for a few decades, they have practically become a part of the family.

"I find if you're not hands-on in your business, you don't really always get a feel for your customers," Sharon said.

The business is also known for its annual Halloween event, "Bumpkins Halloween." It's held on Shane's property at 148 Olena Road, West Chazy, New York, and draws in thousands of people. All proceeds are donated to the North Country Honor Flight, which honors World War II and Korean War veterans by bringing them to Washington D.C. for a ceremony. Spooky displays and sets are built, along with a scary trail for visitors to explore. It's the perfect opportunity for the Dutils to set up the food truck and gain even more exposure.

It was just last year that Shane started up The Food Dudes catering truck. He opened it not only to expand D&D's reach, but also to help those who work

with him.

“Just another way to keep employees employed,” he shared, further reinforcing the strong bonds that tie the family and its workers together.

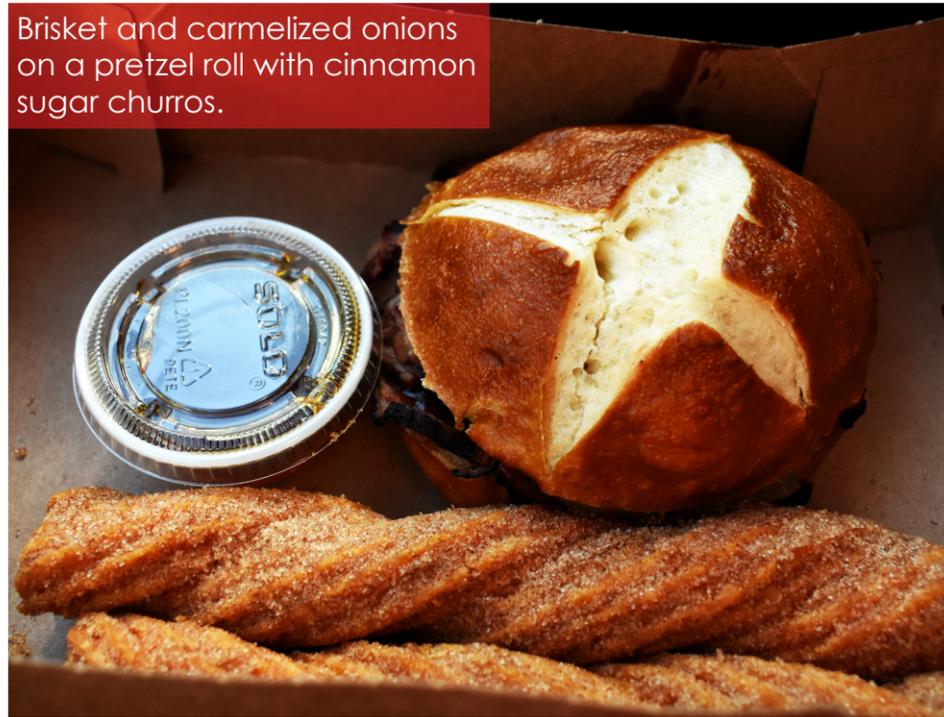
Shane had worked in catering before, but the idea to start the truck didn't come until later. While Shane was camping with his family, he was approached by food truck owners who frequented the campground. They knew of his previous experiences and suggested he start his own food truck.

“I said I was only going to do five or six things a year and then the phone started ringing and ringing and ringing,” he said.

With the truck's unique commissary kitchen and soft-serve machine, it provides an experience that feels like an actual restaurant. Shane markets each catering event, designing fliers and menus.

The next time you're attending a community event in Clinton County, be on the lookout for The Food Dudes. You can also follow them on their Facebook page, D&D Meats.

Brisket and caramelized onions on a pretzel roll with cinnamon sugar churros.



# Bringing You Fun On The Run!



The Pig Pen specialty poutine.



The Food Dudes menu board.



Sharon Dutil serving customers.

# THERE'S SOMETHING IN THE WATER

The Legend of Lake  
Champlain's Sea Monster

Story by Hayden Sadler



The Sandra Mansi photograph of Champy from 1977 remains a fascinating piece of evidence for Champy existing in the lake.

Photo by Sandra Mansi

## AN OVERVIEW

Hidden beneath the waters of Lake Champlain, one of America's most historic bodies of water, resides something completely unknown to science. Reserved only to oral histories and mysterious sightings, Lake Champlain's "Champy" bears many similarities to Scotland's Nessie, the monster of Loch Ness.

To tourists, the chance of sighting this hidden creature, categorized by many as a cryptid – a creature that has never been proven to exist – is a once-in-a-lifetime chance to see the unseen. To scientists, it could be a link to the Earth's biological past. To cryptid enthusiasts, Champy is an opportunity to prove the existence of an organism yet unexplained by science.

Nested on the shore of Champy's domain, Plattsburgh, New York, is one of many towns near and around the lake that find significance and tradition in the legend of Champy.

"The town of Plattsburgh is not 'home' of Champy - he's a resident," said Michael Cashman, the Town Supervisor for Plattsburgh Around the lake, Plattsburgh, Port Henry, and even Burlington celebrate Champy, or as the Vermonters say, "Champ," in different ways.

Regardless of who is hunting for Champy,

the cultural significance of the elusive being is indisputable. In Plattsburgh, there is an arcade called Champy's Fun City. Farther south, in Port Henry, in the town of Moriah, there's been a "Champy Day" every summer since 1985. The festival showcases Champy-themed activities and vendors in a family-friendly event. Champy is also culturally significant beyond New York State. In Burlington, the Vermont Lake Monsters is a baseball team that takes direct inspiration from Champy himself.

The William G. Pomeroy Foundation documents historical sights and lore across New York. At Cumberland Head, there's a sign dedicated to Lake Champlain's elusive resident.

## LEGENDARY ORIGINS

There was another name for Champy: Onyare'Kowa, the horned serpent of long-ago Iroquois legends. These giant snakes were prevalent in oral storytelling of the Iroquois people.

Then came the Europeans, and with them, Samuel De Champlain. Champlain, who explored the waters bordering modern-day New York, Vermont and Canada, was reportedly the first European to document his encounter with the great snake. While

exploring America, Champlain frequently published journals of his experiences that were popular to read in Europe. In 1609, Champlain allegedly recorded an encounter with a 20-foot fish in the lake. Contrary to popular belief, there is no proof to support the claim that he described the sea serpent during his travels.

The legends of the Iroquois and Champlain's popular journals cemented the folklore of Lake Champlain's monster and continued to fascinate generations. Over the next 300 years, even more sightings would claim the existence of a seemingly non-violent cryptid.

## SIGHTING CHAMPY

In 1819, according to the Plattsburgh Republican, Captain William Crumb sighted a monstrous creature while upon the waters of Champlain. The article, "Cape Ann Serpent on Lake Champlain," garnered great interest in the mysterious creature. In the report, Captain Crumb detailed a large monster – about 200 feet in length – being followed by sturgeons. Nearly 200 yards away, the sea monster allegedly had a white forehead with red features on its neck. Over the next centuries, this account would be one of many that caught the public's attention.

*With a dark, shimmering body and round white spots — similar to Crumb's report — the monster traversed gracefully before resubmerging itself into the depths of Champlain.*



*Town Supervisor Michael Cashman holds a stuffed recreation of Champy in front of a Legends and Lore marker along the waters of Lake Champlain on Cumberland Head Road.*

*Photo provided by Michael Cashman*

A similar account dates several decades later when in 1883 Sheriff Nathan H. Mooney reported a sighting to the Plattsburgh Morning Telegram, describing a lake monster. According to his report, Mooney sighted a disturbance in the lake's surface while patrolling the coast. Upon closer inspection, Mooney determined the creature to be the equivalent of nearly 100 yards, or a football field. With a dark, shimmering body and round white spots — similar to Crumb's report — the monster traversed gracefully before resubmerging itself into the depths of Champlain.

Perhaps the most prominent sighting, however, is the 1977 Mansi photograph. Taken by Sandra Mansi on the coast of Lake Champlain, the photo captures a long, dark, serpentine figure on the coast. Significantly, the photograph accurately reflects the eyewitness accounts of Champy. The image was so popular that it appeared in countless books, documentaries and articles. Although skeptics doubt the validity of the photograph, claiming it to be visual distortion, editing manipulation or natural phenomena, the popularity of the photo and the lasting impact it has had on Lake Champlain folklore remains key to the continued hunt for the lake monster.

#### THE SEARCH FOR THE TRUTH

Around the lake, various organizations and institutions actively engage in efforts to find and document uncharted territory within Lake Champlain. The Burlington ECHO Center, in particular, has collaborated with scientific institutions to study the lake's ecology. While most efforts primarily target ecosystem stability, habitat conservation and species documentation, the research also contributes valuable information that brings the story of Champy one step closer to being verified or disproven.

Champy remains a cultural cornerstone of the Lake Champlain region and the mystery endures. Despite little scientific evidence of the Loch Ness Monster's long lost relative, details and documentation of past sightings remain a part of the area's history. Until further evidence to debunk the creature's existence is found, the search for Champy will continue.



*View of Lake Champlain from Rattlesnake Mountain.  
Photo by Michelle Powers*

#### On the hunt for Champy? Keep an eye out for these signs:

- Champy is described as a large, serpent-like creature, similar to a prehistoric Plesiosaur.
- The Lake monster is typically described as having a dark appearance, with numerous sharp teeth.
- Reports of Champy's length vary, but range from tens to hundreds of feet.
- Behaviorally, Champy is alleged to be shy and non confrontational, avoiding interaction with humans.
- Most accounts depict Champy as evoking feelings of wonder and reverence.

# DEATH OF A STAGE MAN

The Tragic Tale of Franklin Sargent and His Deep-Woods Amphitheater

STORY AND PHOTOS BY MATTHEW WENDLER

Snow-covered ruins stand empty among the deserted hillside in an opening of thick forest. Surrounded by stone tiers – the remains of an altar – coins scatter across its frozen surface. A single, moss-covered bench overlooks the former performance space from above. Two geocache containers

reside next to a fallen log.

This amphitheater, west of Dannemora, New York, was once the base of private performances by students of Franklin Haven Sargent. A native to Boston, Sargent graduated from Harvard University to pursue public speaking and theatrical production. He worked as a theater director

at Madison Square Garden, in New York City, before founding the Lyceum School of Acting in 1884. The academy was the first English-speaking institute to offer an education in theatrical arts.

During summer Sargent would often visit Merrill and Upper Chateaugay Lake with his mother and stay with friends. At

the time, this part of the North Country had a thriving art scene with writers and performers residing in cottages surrounding Upper Chateaugay. Sargent had a fondness for nature. He fell in love with the beauty of the area and would continue his visits following his mother's death in 1904. He purchased land on a knoll overlooking the lake in 1910 and had a two-story cottage constructed on the property. A stonemason was hired by Sargent to build the amphitheater near the cottage in 1916.

Modeled after ancient Greek architecture, the theater featured an ornamental stage in the style of a columned temple. A concrete plaque was embedded into the ground near the columns with Greek letters translating to "Theater Dionysus," a nod to the Greek god of wine-making. Over the next seven years, shows, songs and dance routines would be performed at Sargent's amphitheater.

**Sargent had a fondness for nature. He fell in love with the beauty of the area and would continue his visits following his mother's death in 1904.**

Mary Humiston, founder and president of the Chateaugay Historical Society, has

long been interested in Sargent's presence in the North Country. She has written articles regarding the amphitheater's history, including a recent one for the Chateaugay Historical Society Newsletter. Humiston's husband, who once lived near Merrill, helped spark her interest in the theater. "As a young boy, he used to hang out up at the amphitheater all the time," Humiston said. "Everybody went up to the amphitheater because it was scary and had a big story."

Back in Sargent's Time; however, tragedy struck. Like the life of a performance, all good things must end. As reported by the Plattsburgh Daily Republican, Sargent had told friends he was going to New York City, but instead returned to Merrill within a few weeks. Upon arriving in Plattsburgh on August 28, 1923, he went to the Clinton County Surrogate's Office and filed a codicil to his will, granting both his property and several AT&T stock shares to his housekeeper, Sadie Walker. After checking into the Witherill Hotel, Sargent purchased an oil cloth from a nearby store before returning to his room.

Swathing his head in bandages, Sargent laid the oil cloth on the floor and removed the telephone receiver that connected his room to the main office. The New York Times reported that he grabbed a pillow

from the bed and placed it atop the oil cloth before lying down and shooting himself with a .32 caliber revolver. Hotel staff found Sargent and he was rushed to Champlain Valley Hospital, dying within a few minutes of admission.

"There were all kinds of rumors of why," Humiston said. "It's still very debatable. One was because of his love life."

According to the book "Chateaugay Lake: The Adirondack Resort Era 1830-1917" by Henry Cassell Ruschmeyer, Sargent's friend, David Belasco, believed his death was the result of an unrequited love for performer Mary Anderson, who is said to have ended their long-standing relationship. Others believe it could have been due to grief from the loss of several friends and family members over the years. Sargent had attempted suicide in three other instances before succeeding.

The incident became the origin of an





Geocache left near a fallen log at the amphitheater.



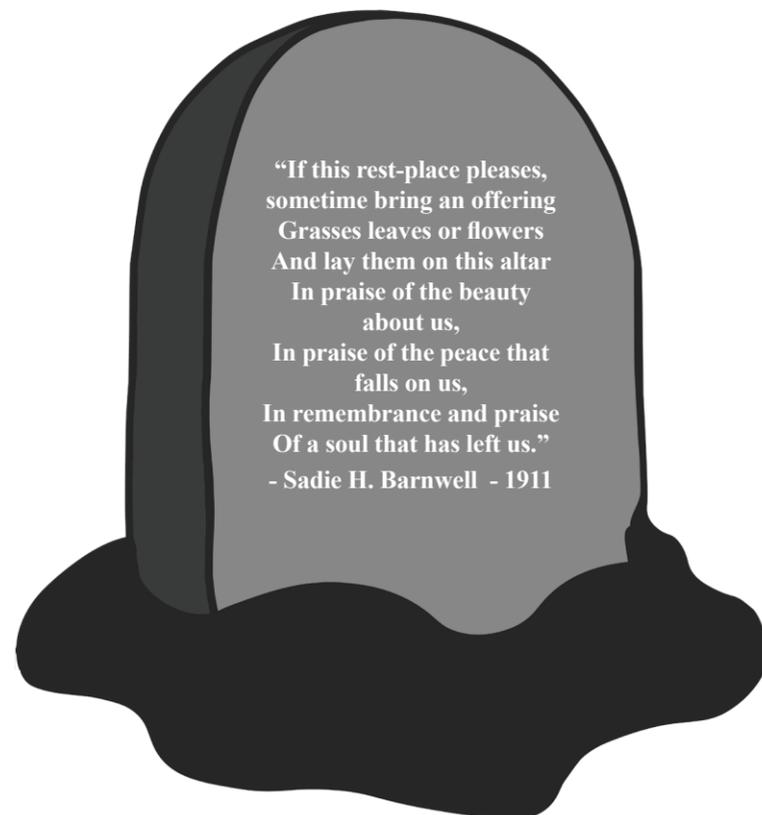
urban legend, depicting Sargent as a madman who beheaded his lover and hid her head under the amphitheater altar before killing himself out of grief.

In the years following his death, Sargent's cottage, once referred by locals as the "haunted house," was demolished.

"I think whoever was in charge at the time felt it had become a hazard," Humiston said.

The remains of the theater can be found just north of Merrill, New York on a short trail across Route 374 from Holtzman Way.

As mentioned in the book "Chateaugay Lakes" by Herman and Ruth Whalen, the altar once bore the inscription:



"If this rest-place pleases,  
 sometime bring an offering  
 Grasses leaves or flowers  
 And lay them on this altar  
 In praise of the beauty  
 about us,  
 In praise of the peace that  
 falls on us,  
 In remembrance and praise  
 Of a soul that has left us."  
 - Sadie H. Barnwell - 1911



# Indigenous Immersion

Experience Akwesasne With Those Who Know it Best

Story and photos by Aleksandra Sidorova



Fire Loom Creations belts, handmade to order, can represent a multitude of things, from a momentous life occasion to heritage to friendship.

You don't need to go far to experience the thriving indigenous culture of the land you're living on. If you're willing to give pronouncing Akwesasne a try (Agua-SAUCE-nay), you're a wanted guest at the St. Regis Mohawk Reservation, part of which lies in Akwesasne, New York.

Akwesasne's official destination marketing and management organization, Akwesasne Travel, offers seasonal tours that engage visitors with the community's artists, businesses and nature.

"Do — that's the idea of it," said Randi Barreiro, marketing specialist for the St.

Regis Mohawk Tribe Office of Economic Development. "You're not sitting in a classroom doing a lecture. You're getting to know the people you're doing it with."

The name Akwesasne translates to "Land Where the Partridge Drums," and the best time to take in the area's natural beauty at the intersection of the St. Lawrence, Raquette and St. Regis rivers is in the warmer months.

## HISTORY BEYOND TEXTBOOKS

A tour of the Akwesasne Cultural Center Museum usually lasts a bit over an hour. However, the collection holds so much

history that guides can spend that much time in just one room, Cultural Manager Justin Cree said. There is also the option of a self-guided tour.

The museum was founded at about the same time as the library on its other side, in 1971, and was remodeled in 2019. With illustrations by local artists and artifacts both sourced from the community and repatriated, the museum tells the history of the Kanien'keha:ka — a Mohawk term for self-identification that means "people of the flint."

History begins with the Kanien'keha:ka story of creation, moves through times

before contact with European settlers and arrives at contemporary times. The museum features Kanien'keha:ka pottery, basketry, lacrosse sticks, clothing, accessories and beadwork — arts that are still alive today. Many artifacts are displayed in mobile cases with casters, inspired by traditional Kanien'keha:ka baskets — a perfect fit for the museum, Cree said.

The museum's other cultural manager, Marla Jacobs, is working on the most efficient way to organize its collection, as many issues that the artifacts represent, such as suppression of Kanien'keha:ka culture, are still relevant to the community today. For Cree, the work he does at the museum represents a personal decades-long journey of relearning Kanien'keha:ka culture and language for himself as someone who didn't grow up on the reservation.

The museum's most prized artifact is the Akwesasne Wolf Belt symbolizing a treaty between the Seven Nations of Canada and George I of England. Mohawk historian, author and artist Darren Bonaparte wrote on his website Wampum Chronicles that the belt dates back to between the 1760s and the 1780s, but the relic of the community didn't return to Akwesasne until 2010.

"Our little museum has really come very

far," Cree said.

The museum is located on 321 State Route 37. It is open Tuesday through Friday from 10 a.m. to 6 p.m. and 10 a.m. to 2 p.m. Saturday.

## NATURAL MEDICINE

Sateiokwen Bucktooth, traditional ecological knowledge consultant for the St. Regis Mohawk Tribe's Environment Division, learned the art of herbal remedies during a four-year apprenticeship with the Akwesasne Cultural Restoration Program. At first, she made remedies based on community members' requests, but she started her own small business, Snipe Clan Botanicals, in 2018.

Bucktooth's products range from salves and balms to teas and tonics. Bucktooth's biggest hit is her "Immuni-tea" blend with red clover, elderberry, echinacea, yarrow, mullein leaf and nettle that supports the immune and respiratory systems.

Another is her "Fire Cider" tonic made with apple cider vinegar, garlic, jalapeno, ginger, turmeric, horseradish and lemon — a spicy concoction that serves as a remedy for colds, congestion and digestion. Bucktooth grows or forages most of the ingredients. Her favorite part about her business is being in

her garden and continuing to learn about how plants grow.

The Snipe Clan Botanicals shop on 480 State Route 37 is open from noon to 5 p.m. Tuesday through Friday or by appointment. Snipe Clan Botanicals products can also be found in other local stores, such as Lotus + Sage Holistics, Nioo Perkins Design and Smoker's Hideaway. Akwesasne's businesses frequently uplift and display each other's goods.

Bucktooth is also offering tours around her medicine garden complete with a tea tasting, allowing visitors to connect with local nature and vegetation. To engage children, Bucktooth offers a plant scavenger hunt. The purpose is for visitors to understand what plants look like in their natural, unprocessed state: They observe how Bucktooth identifies, harvests and processes plants to extract their medicinal qualities.

Tours with Bucktooth start at \$99 per person in groups from three to 10 people. Book on Akwesasne Travel's website: [akwesasne.travel/plant-medicines-gifts-from-the-land/](http://akwesasne.travel/plant-medicines-gifts-from-the-land/).

## FIRE LOOM CREATIONS

Kelly Back, founder of Fire Loom Creations, shares her knowledge of weaving



Snipe Clan Botanicals business cards displayed alongside owner Sateiokwen Bucktooth's hydrosols and salves, bundles of white sage and crystals.

belts with beads by hosting workshops. Back's belts are similar in style to wampums, but usually hold a personal significance to the wearer, such as their tribe symbol, birth month flowers or meaningful colors.

"It's a really emotional connection that [customers] get when they receive [the belt], and I get more out of that than payment," Back said. "Knowing that you made something really good for that person, something of value, memory, cultural [value] — that's really big for me. That, to me, is medicine. I love doing this work. I do this every day."

The two-and-a-half-hour workshops are based at her home, and participants get to leave with a bead bracelet of their own design. Workshops start at \$99 per person and are available for groups from two to 10 people. Book on Akwesasne Travel's website: [akwesasne.travel/fire-loom/](http://akwesasne.travel/fire-loom/).

Back is self-taught with a long-lasting relationship with art. Back engaged in a variety of crafts growing up, always preferring to learn hands-on rather than from instruction. During her studies at Trent University in Canada, she participated in crafts workshops aimed at helping students de-stress. Back introduced activities such as bracelet weaving and loomwork, never suspecting they would become her business.

**"Knowing that you made something really good for that person, something of value, memory, cultural [value] — that's really big for me. That, to me, is medicine."**  
**Kelly Back**

Back made her first beaded belt for her and her husband's wedding ceremony in 2014 — traditionally, the bride handcrafts a garment for the groom to wear. Since then, she has created more than 160 belts. She also engages her family in the craft. Her husband makes the leather bases and ties for the belts and her children like to help her bead lines.

Back doesn't have any belts in inventory — all are custom-made to order. Museums and businesses in neighboring communities, such as Cornwall, Ontario, commission belts from Back to symbolize their

friendship with Akwesasne.

For every 50 belts that Back makes, she hosts a raffle on her social media. The winner gets a free custom-made bead belt and half of the proceeds from raffle tickets go to a charity in Akwesasne.

Back's dream is to someday weave a belt for a celebrity with a Native background like Jason Momoa, who is of Native Hawaiian and Pawnee ancestry.

Follow Beck on Instagram and Facebook at @fireloomcreations or email her at [kellyjeanback@gmail.com](mailto:kellyjeanback@gmail.com).

**THE BEAR'S DEN**

To enjoy Mohawk cuisine, stop by the Bear's Den, family-owned since 1953. Bear's Den's menu offers a selection of diner food as well as Mohawk dishes such as white corn soup and fried bread. The restaurant welcomes visitors from New York, Ontario and Québec.

The Bear's Den is located at 425 State Route 37. The restaurant is based at a

tax-free gas station and next door to Tim Hortons and the Native Gift Shop.

**OTHER THINGS TO DO**

Schedule these and other tours with Akwesasne Travel through their website at [akwesasne.travel/contact](http://akwesasne.travel/contact), by email at [info@akwesasne.travel](mailto:info@akwesasne.travel) or by phone at 518-358-4238.

Akwesasne also hosts events such as its annual art show in July, annual ironworker festival, lacrosse games and powwows.

Akwesasne Travel suggests that visitors bring cash, which ensures money stays in the reservation and goes entirely to the vendor while guaranteeing customers the lowest price.



The Bear's Den diner serves a few staples of Mohawk cuisine, such as Corn Soup, made with white corn, cabbage, beans, carrot, pork and potato.



Lacrosse has a long and proud history in Akwesasne. In Mohawk, the sport is called tewar:aráton, meaning "it has a dual net."



The Akwesasne Cultural Center Museum tells the story of the Kanienkeha:ka — the Mohawk people — from creation to the present, showcasing a variety of cultural facets.



Sateiokwen Bucktooth stands at a shelf displaying her products.



# Staying Inn

The Heart Behind Two North Country Landmarks  
 Story by Brionne Thompson

Visitors come to the North Country for its beautiful views, many mountains, breezy summers and snowy winters. However, there is more to a vacation here than what you see outside. This region has numerous places to stay, including historic inns with welcoming staff. It's those people behind the scenes that make a visit special. Much training for staff is done in the field, but for many, that education happens beforehand, in vigorous hospitality programs.

The Valcour Inn and Boathouse is a nine-room bed and breakfast. It is located in Peru, on the shore of Lake Champlain. The nine-acre property boasts architecture from the early 1920s. In 1926 the original inn burned down and was rebuilt by Celia Sibley Wilson that same year.

In the late 1960s, the property was purchased by the College Auxiliary Services at the State University of New York at Plattsburgh. Today, the Valcour Inn and Boathouse can be booked privately and is used for retreats, events and conferences.

Taylor Staight is the general manager of the property. Staight went to the State University of New York at Fredonia, and originally majored in biochemical sciences. But she later switched her major to communications with a concentration in media management,

business and marketing.

At Valcour, Staight says it is challenging to maintain the property without changing any of its historic features, something she faced while updating and renovating the property's wallpaper and bathrooms.

She says she approaches life and her work at the inn in a positive, optimistic way, and feels grateful when guests tell her they enjoyed their time at Valcour. In recent years, the inn's occupancy has tripled, a

statistic Staight is proud of.

When she's not at the inn, she enjoys being outside. During the pandemic she says she became a "pandemic hiker," exploring the nearby mountains. She also traveled around the North Country, visiting places that, like Valcour, had historical significance.

Learn more about Valcour Inn and Boathouse at [www.valcourinn.com](http://www.valcourinn.com).



Living room in Valcour Inn and Boathouse suite. TOP: View of Lake Champlain from the inn.

The Mirror Lake Inn and Spa, in Lake Placid, is a resort owned by Ed and Lisa Weibrecht, parents of two-time Olympic medalist, alpine skier Andrew Weibrecht. The inn, along Mirror Lake, has been welcoming guests since the 1920s.

One of the people who make staying at the inn special is spa manager Victoria Dow, who has worked there for 14 years. She says she appreciates that the Mirror Lake Inn is a place where the owners know your name, want to get to know you, your passions and goals.

**She says she appreciates that the Mirror Lake Inn is a place where the owners know your name, want to get to know you, your passions and goals.**

At the salon, Dow manages about 30 people, including massage therapists and estheticians, those who work at the front desk and the salon staff.

She attended Paul Smith's College, majoring in service management and culinary arts. "Within any field or career, you learn through textbooks and

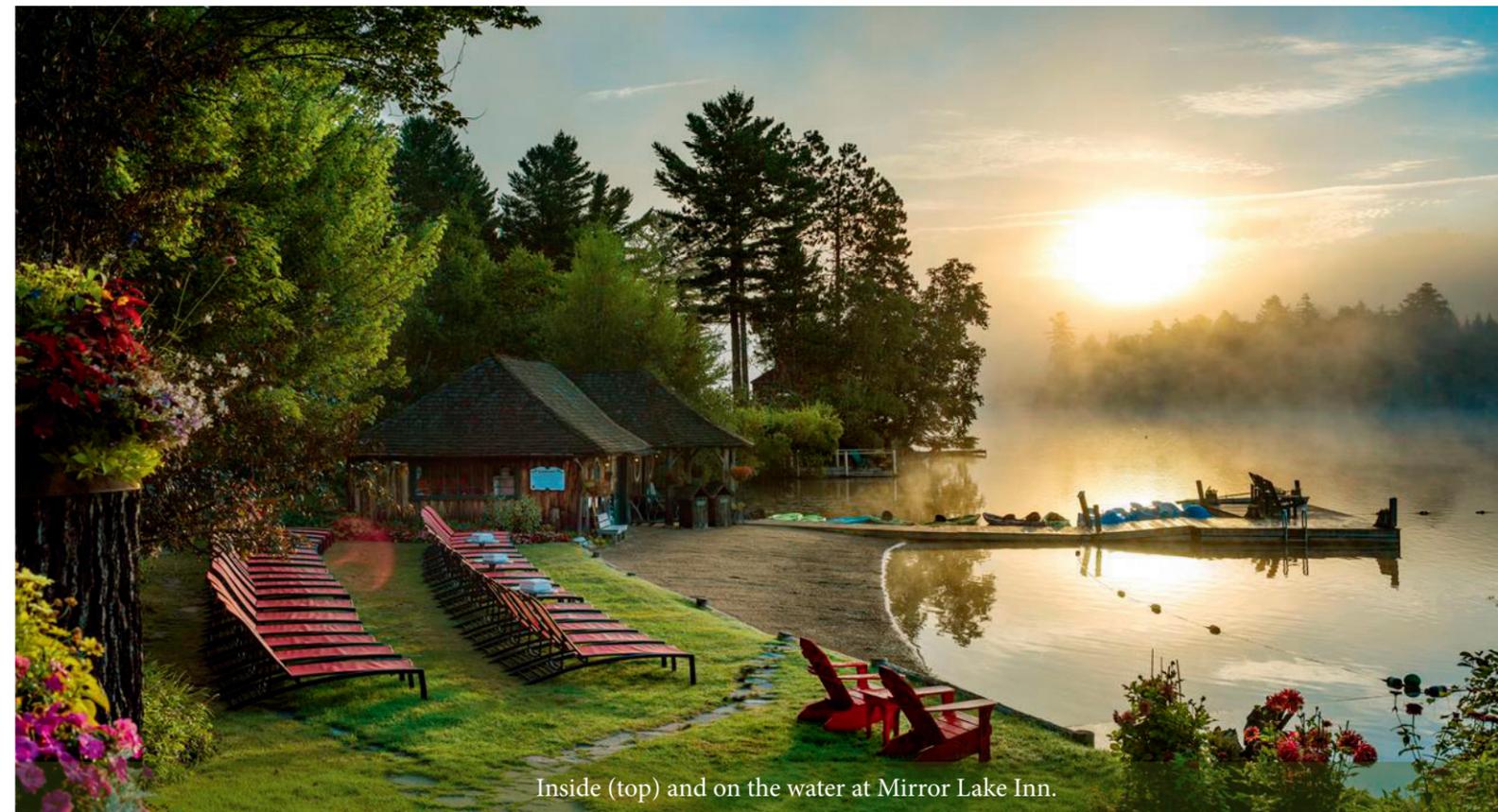
assessments in school. But real hands-on experience isn't something you can predict or prepare for," Dow said. "College helps, but real life experience is priceless."

She said it's important to always go the extra mile for guests. For example, "Even when it's a customer's birthday, and we know about it, we can give complimentary drinks when they come in. We want them to have a wonderful experience here," Dow said.

Her goal is to give every guest an unforgettable experience while visiting the Mirror Lake Inn and Spa.

Learn more about Mirror Lake Inn and their properties at <https://mirrorlakeinn.com>.

— Photos provided by Taylor Staight (p. 34) and Victoria Dow (p. 35)



Inside (top) and on the water at Mirror Lake Inn.

# AFTER HOURS

Here to bring you some delicious seasonal options based off a few of these spectacular stories!

## Chapter Two

### Ingredients:

- Shaker
- Vodka
- Kahlúa
- Chapter One: Coffee & Tea Espresso shot
- Simple syrup
- Heavy cream

### Instructions:

1. Add 1 ½ shots vodka to shaker, 1 shot Kahlúa to shaker
2. Add one Chapter One: Coffee & Tea Espresso shot to shaker
3. Add 1 ½ shots simple syrup, ½ shot of heavy cream to shaker
4. Shake contents, pour into martini glass



## Knoll Fashioned

### Ingredients:

- Shaker
- Ice
- Bourbon whiskey
- Angostra aromatic bitters
- Simple syrup
- Maraschino cherry

### Instructions:

1. Add ice to shaker
2. Add 1 shot bourbon whiskey to shaker
3. Pour 2 shots simple syrup, 2 dashes of Angostra aromatic bitters into shaker
4. Shake contents, pour into glass
5. Top with a maraschino cherry



# Moo Moo Mudslide

## Ingredients:

- Ice
- Vodka
- Kahlúa
- Heavy cream

## Instructions:

1. Add ice to shaker
2. Pour 2 shots vodka, 1 shot Kahlúa into shaker
3. Pour two shots heavy cream, 1 shot water into shaker
4. Shake contents, pour into glass



# Champy Juice

## Ingredients:

- Shaker
- Ice
- Gin
- Blue Curaçao
- Lime juice
- Simple syrup
- Club soda
- Lime wheel
- Gummy worm

## Instructions:

1. Add ice to shaker
2. Pour 2 shots gin, 1 shot blue Curaçao into shaker
3. Add ½ shot of lime juice, half a shot of simple syrup to shaker
4. Pour 3 shots of club soda into shaker
5. Shake contents, pour into glass
6. Garnish glass rim with lime wheel and gummy

**Chapter One: Coffee & Tea**  
30 City Hall Place,  
Plattsburgh, NY 12901

**Point Au Roche State Park**  
19 Camp Red Cloud Rd,  
Plattsburgh, NY 12901

**Alice T. Miner Museum**  
9618 State Route 9,  
Chazy, NY 12921

**Miner Institute**  
586 Ridge Rd,  
Chazy, NY 12921

**Akwesasne Cultural Center**  
321 State Route 37,  
Akwesasne, NY 13655

**Mirror Lake Inn**  
77 Mirror Lake Drive,  
Lake Placid, NY 12946

**Valcour Inn and Boathouse**  
3714 State Route 9,  
Peru, NY 12972

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# Escape the Everyday

Ready for a new adventure? Explore New York's Adirondack Coast, nestled by Lake Champlain and the Adirondack Mountains. Hike, paddle, and discover beautiful spots like the Saranac River, Ausable Chasm, and Lyon Mountain. Step back in time and explore forts, museums, and historic sites like Fort Ticonderoga and the Battle of Plattsburgh Museum. Savor apple orchards, sugar houses, farms, breweries, and wineries. Pack up and dive into epic Adirondack Coast adventures that turn into unforgettable memories.



The  
Adirondack  
Coast  
La Côte  
Adirondack

Plan your  
Adirondack Coast  
adventure at  
[goadirondack.com](http://goadirondack.com)

